

First Responder Practical Examinations Performance Criteria

Italics denotes a critical element

Station 1: Trauma Assessment and Management

1. Wears disposable gloves (can be verbalized)
2. *Performs scene size-up (including scene safety and mechanism of injury) and directs initiation of cervical spine stabilization as appropriate.*
3. *Completes initial assessment (general impression of patient, mental status, airway, respiratory effort, and circulatory status).*
4. Performs a First Responder physical examination
5. *Obtains pulse \pm 10 and respirations \pm 5*
6. Obtains SAMPLE history
7. Identifies injuries and describes appropriate management
8. Treats patient in a professional manner

Station 2: Cardiopulmonary Resuscitation

1. *Opens adult manikin airway and evaluates breathing.*
2. Administers two ventilations that make the chest rise (1 second for each ventilation).
3. Checks carotid pulse and finds proper location for chest compressions
4. Alternates 30 chest compressions (at a rate of 100 per min) and 2 full ventilations for five cycles.
5. *At least 90% of compressions and ventilations are effective.*
6. *Opens infant manikin airway and evaluates breathing.*
7. Administers two ventilations that make the chest rise (1 second for each ventilation).
8. Checks brachial pulse and finds proper location for chest compressions
9. Alternates 30 chest compressions (at a rate of at least 100 per minute) and 2 full ventilations for one minute.
10. *At least 90% of compressions and ventilations are effective.*

Station 3: Upper Airway Adjuncts and Suction

1. Wears disposable gloves (can be verbalized)
2. *Opens adult manikin airway, evaluates breathing, administers two slow, full ventilations that make the chest rise.*
3. *Applies pocket mask and ventilates so that the chest rises 10-20 times within one minute of beginning ventilations.*
4. *Inserts the appropriate size oral airway without pushing the tongue posteriorly.*
5. *Turns the vomiting patient on the side and inserts the tip of the suction catheter without suction into the mouth and applies suction to the oropharynx.*

Station 4: Bleeding Control and Shock Management

1. Wears disposable gloves (can be verbalized).
2. *Immediately applies direct pressure to the wound.*
3. Elevates the injured extremity.
4. Applies additional dressing when bleeding continues.
5. Locates and applies pressure to appropriate arterial pressure point.
6. *Applies pressure bandage to wound*
7. Prevents heat loss.
8. Positions patient with legs at or above level of head.
9. *Treats patient in professional manner.*